



Alternatives (Dumbarton)

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| Service name: | Alternatives (Dumbarton) |
| Address: | 1/3 Quay Street |
| Town: | Dumbarton |
| Postcode: | G82 1LJ |
| Telephone number: | 01389 734500 |
| Website: | www.alternativeswd.org/ |
| Health board area: | Greater Glasgow And Clyde |
| Local authority area: | West Dunbartonshire |
| Alcohol and Drug Partnership (ADP) area: | West Dunbartonshire |
| Type of service: | Voluntary |
| Nature of service: | Community Based |
| Referrals: | Any Agency, Self Referral, GP, Health Professional, Social Work, Court, Other (please specify below) |
| If other has been selected, please specify: | Anyone can refer but only if client consents. |
| Client access (please select all that apply): | 18+, 21+, Non-gender specific, Couples, Women with children, Couples with children, Men with children |

Service Access

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| Opening days and times: | Monday: 8.45am - 4.45pm & Family Support Group 6pm - 8pm Tuesday: 8.45am - 4.45pm Wednesday: 8.45am - 4.45pm Thursday: 8.45am - 4.45pm Friday: 8.45am - 4.00pm Saturday: Closed Sunday: Closed |
| Service access: | No Appointment Required, Home Visits |

Substances treated/targeted:

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| Substances treated/targeted: | Yes |
| Selected substances treated/targeted: | Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication |

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| Advice and information: | Yes |
| Counselling: | Yes |
| Counselling options: | One-to-One, Motivational Interview, Cognitive Behaviour Therapy |
| If other has been selected, please specify: | Community Day Programme |
| Family services | |
| Family services: | Yes |
| Family services options: | Carer support groups |
| | Day Programme & assesment / access to Safe as Houses Therapeutic Community 14 bedded unit (24/7 support) |
| If other has been selected, please specify: | |
| Outreach service | |
| Outreach: | Yes |
| Outreach options: | Streetwork |
| Rehabilitation and other services | |
| Rehabilitation and other services provided: | Access to supported accomodation, Advocacy, Alternate therapies e.g. acudetox, Drop-in sessions, Education and Training, Education and training (by referral), Engage Volunteers, Engage peer volunteers, Groupwork, Sexual Health, Structured day programme, Talks/training, Stalls at exhibitions/seminars |
| Criminal justice services: | Yes |
| Criminal justice services options: | Court reports, Expert witness (for own clients), Throughcare/transitional care, Prison aftercare |
| Residential support: | Yes |
| Residential support options: | Crisis intervention/support, Residential rehabilitation, Other (please specify below) |
| Needle exchange: | No |