



Aberdeenshire Drug And Alcohol Service, Step-In Service

Service name:	Aberdeenshire Drug And Alcohol Service, Step-In Service
Address:	88 King Street
Town:	Peterhead
Postcode:	AB42 1UH
Telephone number:	Available for all Aberdeenshire: See Weblink www.aberdeenshire.gov.uk/social-care-and-health/living-independently/drug-and-alcohol-services/
Website:	
Health board area:	Grampian
Local authority area:	Aberdeenshire
Alcohol and Drug Partnership (ADP) area:	Aberdeenshire
Type of service:	Statutory
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work, Court
Client access (please select all that apply):	16-18, 18+, 21+

Service Access

Opening days and times:	Monday: 9am - 5pm Tuesday: 9am - 5pm Wednesday: 9am - 5pm Thursday: 9am - 5pm Friday: 9am - 5pm Saturday: Closed Sunday: Closed
Service access:	No Appointment Required, Home Visits
Out of hours service details:	Some late appointments can be arranged for those that work.
Telephone helpline:	See Weblink for numbers

Substances treated/targeted:

Substances treated/targeted:	Yes Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other
Selected substances treated/targeted:	

Advice and information:	Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication, Alcohol
Counselling:	Yes
Counselling options:	Yes One-to-One, Motivational Interview, Cognitive Behaviour Therapy, Other (please specify below)
If other has been selected, please specify:	Relapse Prevention, group work, alternative therapies, consideration for rehab etc.

Family services

Family services:	Yes
Family services options:	Carer support groups, Other (please specify below)
If other has been selected, please specify:	One to one carer support, signposting.

Mental health service

Mental health: does your service provide mental health support and advice?	Yes
Mental health support options:	As part of the service, By referral to specialist unit Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating Disorders, Bipolar Disorder, Psychosis, Personality disorder
Mental health support option types:	Yes
Mental health interventions:	Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions, Dual Diagnosis
Mental health intervention options:	

Prescribing service

Prescribing:	Yes
Prescribing options:	As part of the service, Methadone, Buprenorphine, Naloxone, Benzodiazepine

Rehabilitation and other services

Rehabilitation and other services provided:	Education and Training, Engage Volunteers, Groupwork, Talks/training, Stalls at exhibitions/seminars, Other (please specify below)
If other has been selected, please specify:	Assessment and placement at residential rehabilitation centres. Assistance with homelessness.

Needle Exchange

Needle exchange:	Yes
Opening days/times:	Monday: 9am - 5pm Tuesday: 9am - 5pm Wednesday: 9am - 5pm Thursday: 9am - 5pm Friday: 9am - 5pm Saturday: Closed

Needle exchange services:	Sunday: Closed
Do you provide additional services?:	Needles/syringes packs, Condoms
Needle exchange additional services:	Yes
Do you provide specific clinic for clients who use Specific Image and Performance Enhancing Drugs (IPEDS)?:	Wound clinics, Facility for the return of used equipment
Information services:	No
Information resources available:	Yes
Face to face advice services:	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, Wound Care, IPEDS
Face to face advice topics:	Yes
	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, Wound Care

HIV and hepatitis services

HIV and hepatitis:	Yes
HIV and hepatitis options:	HIV Testing, Hepatitis A Testing, Hepatitis B Testing, Hepatitis C Testing, Dry blood spot testing

Naloxone services

Naloxone training:	Yes
Training provision:	Overdose Training, Naloxone Training
Naloxone supply:	First supply of Naloxone kits, Re-supply Naloxone kits following use, Facility for the return of used Naloxone kits
	The Aberdeenshire Drug and Alcohol Service has set up Step-In points in five main towns so anyone wanting support with drug and alcohol use can get same day treatment. If you wish to access the service you can drop in to these Step-In locations or you will be offered an appointment on the day we get a referral. The Step-In approach offers intensive care to provide a non-judgemental, welcoming and responsive service. All concerns and needs identified at assessment will be listened to. Actions to support these will be provided and included in individualised care plans. This might include rehabilitation or detoxification as best suited to your needs. Harm reduction advice and equipment is also available at the locations. Our multi-disciplinary teams are ready to help anyone needing support with problematic drug or alcohol use. The team is made up of a range of different practitioners: -Nurse - to advise on and prescribe treatment of choice -Social Worker - to provide a range of different supports as part of recovery -Health Care Support Worker - to provide wider health checks and screening -Local Area Coordinator – to provide practical support and access to wider activities - Support Worker from Alcohol and Drugs Action

Further information

opens in a new tab - to support people who do not require clinical or social work interventions

The Step-Ins will continue to develop and provide easy access to a wide range of support from key partners including advocacy, housing, welfare benefits and employability. The Step-In points are open from 9am to 5pm Monday to Friday. Appointments will be offered out with these times for people who need it. If you don't live close to these locations our Step-In staff can arrange transport, or they can see you at a time and place suitable to you.