



ARROWS

Service name: ARROWS
Address: 23 High Street
Town: Elgin
Postcode: IV30 1EE
Telephone number: 01343 610500
Fax number: N/A
Organisation email: arrows@quarriers.org.uk
Website: www.quarriers.org.uk/service/drug-and-alcohol-recovery/arrows-service/
Health board area: Grampian
Local authority area: Moray
Alcohol and Drug Partnership (ADP) area: Moray
Type of service: Voluntary
Nature of service: Community Based
Referrals: Any Agency
Client access (please select all that apply): Under 16s, 18+, Non-gender specific, Women with children, Couples with children, Men with children

Service Access

Opening days and times: Monday: 9am - 5pm
Tuesday: 9am - 5pm
Wednesday: 9am - 5pm
Thursday: 9am - 5pm
Friday: 9am - 5pm
Saturday: 10am - 1pm
Sunday: Closed
Service access: By Appointment, No Appointment Required, Home Visits, Out of Hours Service
Out of hours service details: Online & Helpline
Disabled access: Yes
Telephone helpline: 07812228547

Substances treated/targeted:

Substances treated/targeted: Yes
Heroin, Dihydrocodeine or other
Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic
Cannabinoids, Diazepam (Valium) or other
Benzodiazepines, MDMA/Ecstasy or other
Empathogens, Ketamine, Methoxetamine or other
Dissociatives, LSD and other

Selected substances treated/targeted:

Advice and information:	Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication, Alcohol
Counselling:	Yes
Counselling options:	Yes
Detoxification as part of the service:	One-to-One, Motivational Interview, Cognitive Behaviour Therapy
Detoxification options:	Yes
	Detox By Referral
Family services	
Family services:	Yes
Family services options:	Parent/child support, Childcare provision provided, Childcare provision referral, Carer support groups, Respite for carers - by referral
Mental health service	
Mental health: does your service provide mental health support and advice?	Yes
Mental health support options:	As part of the service, Joint working with relevant agencies, By referral to specialist unit
Mental health support option types:	Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating Disorders, Bipolar Disorder, Psychosis, Personality disorder
Mental health interventions:	Yes
Mental health intervention options:	Assessment tool to identify mental health problems for drug users, Brief Interventions, Crisis Resolution, Screening
Prescribing service	
Prescribing:	Yes
Prescribing options:	By referral
Outreach service	
Outreach:	Yes
Outreach options:	Outreach Clinics, Streetwork
Rehabilitation and other services	
Rehabilitation and other services provided:	Access to supported accomodation, Advocacy, Alternate therapies e.g. acudetox, Drop-in sessions, Education and Training, Education and training (by referral), Engage Volunteers, Engage peer volunteers, Groupwork, Sexual Health, Structured day programme, Talks/training, Stalls at exhibitions/seminars
Criminal justice services:	Yes
Criminal justice services options:	Prison aftercare, Condition of a deferred sentence, Condition of a probation order, Condition of a DTTO
Needle Exchange	
Needle exchange:	Yes
Opening days/times:	Monday: 9am - 5pm

	Tuesday: 9am - 5pm
	Wednesday: 9am - 5pm
	Thursday: 9am - 5pm
	Friday: 9am - 5pm
	Saturday: 10am - 1pm
	Sunday: Closed
	Citric acid, Water for injecting, Sterile spoons, Filters, Needles/syringes packs, Needles/syringe selection system, Specific Image and Performance Enhancing Drugs kits, Foil, Pre-injection swabs, Sterilising tablets, Condoms, Lubricants
Needle exchange services:	
Do you provide additional services?:	Yes
Needle exchange additional services:	Mobile Exchange, Facility for the return of used equipment, Distribution to friends, family and carers
Do you provide specific clinic for clients who use Specific Image and Performance Enhancing Drugs (IPEDS)?:	No
Information services:	Yes
Information resources available:	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, Wound Care, IPEDS
Face to face advice services:	Yes
Face to face advice topics:	Safer Injecting, Demonstration of paraphernalia use, Demonstration of safer injection practise
HIV and hepatitis services	
HIV and hepatitis:	Yes
HIV and hepatitis options:	HIV Testing, Hepatitis A Testing, Hepatitis B Testing, Hepatitis C Testing, Dry blood spot testing
Naloxone services	
Naxalone training:	Yes
Training provision:	Overdose Training, Naloxone Training First supply of Naloxone kits, Re-supply Naloxone kits following use, Facility for the return of used Naloxone kits
Naloxone supply:	
Further information	Direct access service for Moray.