



## We Are With You - Young Person's Service

Service name:	We Are With You - Young Person's Service
Address:	McGregor House 10 Donaldson Crescent
Town:	Kirkintilloch
Postcode:	G66 1XF
Telephone number:	07760755735
Fax number:	N/A
Organisation email:	christine.mccauley@wearewithyou.org.uk
Health board area:	Greater Glasgow And Clyde
Local authority area:	East Dunbartonshire
Alcohol and Drug Partnership (ADP) area:	East Dunbartonshire
Type of service:	Voluntary Support to Young People with problematic drug and/or alcohol use, impacting on their physical and mental health, relationships, education, involvement in criminal justice and their community
If other has been selected, please specify:	
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work
Client access (please select all that apply):	Under 16s, 16-18, 18+, 21+, Other (please specify below)
If other has been selected, please specify:	Young people aged between 11 and 25.

### Service Access

Opening days and times:	Monday: 8.30am - 5.00pm (evenings if required) Tuesday: 8.30am - 5.00pm (evenings if required) Wednesday: 8.30am - 5.00pm (evenings if required) Thursday: 8.30am - 5.00pm (evenings if required) Friday: 8.30am - 5.00pm (evenings if required) Saturday: Weekend support will be provided if required Sunday: Weekend support will be provided if required
Service access:	By Appointment, Home Visits

### Substances treated/targeted:

Substances treated/targeted:	Yes
Selected substances treated/targeted:	Heroin, Dihydrocodeine or other

Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication, Alcohol

Yes

Yes

One-to-One, Motivational Interview

Advice and information:

Counselling:

Counselling options:

### **Mental health service**

Mental health: does your service provide mental health support and advice?

Yes

Mental health support options:

As part of the service, Joint working with relevant agencies, By referral to specialist unit Depression, Anxiety/Phobic disorder, Self Harming, Eating Disorders, Personality disorder

Mental health support option types:

Mental health interventions:

Yes

Mental health intervention options:

Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions

### **Outreach service**

Outreach:

Yes

Outreach options:

Outreach Clinics

### **Rehabilitation and other services**

Rehabilitation and other services provided:

Drop-in sessions, Groupwork, Sexual Health, Talks/training, Stalls at exhibitions/seminars

Needle exchange:

No

The support we offer young people is based on trauma informed principles of choice, safety, trust, collaboration and empowerment. We can meet in schools, home, our project base or the community. We offer one to one and group work support.

### **Further information**