



Addiction Recovery Centre (Kirkintilloch)

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| Service name: | Addiction Recovery Centre (Kirkintilloch) |
| Address: | 29 Townhead |
| Town: | Kirkintilloch |
| Postcode: | G66 1NG |
| Telephone number: | 0141 776 3887 |
| Fax number: | 0141 775 2983 |
| Organisation email: | enquiry@arcentre.org.uk |
| Website: | www.arcentre.org.uk |
| Health board area: | Greater Glasgow And Clyde |
| Local authority area: | East Dunbartonshire |
| Alcohol and Drug Partnership (ADP) area: | East Dunbartonshire |
| Type of service: | Voluntary |
| Nature of service: | Community Based |
| Referrals: | Any Agency, Self Referral, GP, Health Professional, Social Work, Court |
| Client access (please select all that apply): | Under 16s, 16-18, 18+, Non-gender specific, Couples, Women with children, Couples with children, Men with children, Other (please specify below) |
| If other has been selected, please specify: | Children must have a Parent/Guardian with them. |

Service Access

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| Opening days and times: | Monday: 12.00pm - 3.00pm Tuesday: 12.00pm - 3.00pm Wednesday: 12.00pm - 3.00pm Thursday: 12.00pm - 3.00pm Friday: 12.00pm - 3.00pm Saturday: N/A Sunday: N/A |
| Service access: | No Appointment Required |
| Telephone helpline: | 0141 776 3887 |

Substances treated/targeted:

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| Substances treated/targeted: | Yes |
| Selected substances treated/targeted: | Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other |

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| Advice and information: | Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication |
| Counselling: | Yes |
| Counselling options: | Yes |
| | One-to-One, Cognitive Behaviour Therapy |
| Family services | |
| Family services: | Yes |
| Family services options: | Parent/child support, Carer support groups |
| Mental health service | |
| Mental health: does your service provide mental health support and advice? | Yes |
| Mental health support options: | As part of the service, By referral to specialist unit |
| Mental health support option types: | Depression, Anxiety/Phobic disorder, Physical Abuse, Self Harming, Eating Disorders, Psychosis, Personality disorder |
| Mental health interventions: | Yes |
| Mental health intervention options: | Suicide risk assessment/prevention, Brief Interventions, Dual Diagnosis |
| Outreach service | |
| Outreach: | Yes |
| Outreach options: | Outreach Clinics |
| Rehabilitation and other services | |
| Rehabilitation and other services provided: | Advocacy, Drop-in sessions, Education and Training, Education and training (by referral), Engage Volunteers, Engage peer volunteers, Groupwork, Talks/training |
| Criminal justice services: | Yes |
| Criminal justice services options: | Court reports |
| Needle exchange: | No |
| Further information | The purpose of the Addiction Recovery Centre is: To relieve the needs and preserve and protect the health of the people in East Dunbartonshire who have - or have had - a life controlling addiction to alcohol, drugs, gambling or other such addictions with a view to improving the conditions of life. To give hope and recovery to said individuals and their families to alleviate addictions in future generations. To offer support to all family members including children affected by parents or other family members suffering from addictions. To encourage individuals recovering from these conditions to reach out and encourage recovery in others. All of the above is based on the Twelve Steps principles, which are fundamental to the operation of the Addiction Recovery Centre, as is anonymity. |