

## **Relationships Scotland Orkney**

Service name: Relationships Scotland Orkney

1st Floor Right

Address: Kirkwall Travel Centre
West Castle Street

Town: Kirkwall Postcode: KW15 1GU Telephone number: 01856 877750

Fax number: n/a

Client access (please select all that apply):

Website: <u>www.rsorkney.org.uk/</u>

Health board area:

Local authority area:

Alcohol and Drug Partnership (ADP) area:

Orkney

Orkney

Voluntary

Type of service: Voluntary

Nature of service: Community Based

Any Agency, Self Referral, GP, Health

Referrals: Professional, Social Work, Court, Other (please

specify below)

If other has been selected, please specify: Family Member

Under 16s, 16-18, 18+, 21+, Men only, Women only, Non-gender specific, Couples, Women with children, Couples with children, Men with

children

**Service Access** 

Opening days and times:

Monday: 10:00am - 2:00pm Tuesday: 10:00am - 2:00pm Wednesday: 10:00am - 2:00pm Thursday: 10:00am - 2:00pm Friday: 10:00am - 2:00pm

Saturday: Closed Sunday: Closed By Appointment By arrangement

Service access:

Out of hours service details:

Telephone helpline:

By Appoin

By arrange

n/a

Substances treated/targeted:

Selected substances treated/targeted:

Substances treated/targeted: Yes

Heroin, Dihydrocodeine or other

Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other

Benzodiazpeines, MDMA/Ecstasy or other

Empathogens, Ketamine, Methoxetamine or

other Dissociatives, LSD and other

Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter

medication, Alcohol

Advice and information: Yes Counselling: Yes

Counselling options:

One-to-One, Motivational Interview, Other

(please specify below)

Qualified Counsellors offer One-to-One Counselling which is person-centred therapy; Family Support Workers offer client centred recovery. Group Programmes available.

Systemic Family Practice. Qualified Children &

Young People Counsellors.

**Family services** 

Family services: Yes

If other has been selected, please specify:

Family services options:

Parent/child support, Other (please specify

below)

If other has been selected, please specify: Child Conact Centre

Mental health service

Mental health: does your service provide mental

health support and advice?

Yes

Mental health support options:

As part of the service, Joint working with

relevant agencies, By referral to specialist unit Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating

Mental health support option types:

Disorders, Bipolar Disorder, Psychosis,

Personality disorder

Mental health interventions: Yes

Assessment tool to identify mental health problems for drug users, Suicide risk

Mental health intervention options: assessment/prevention, Brief Interventions,

Crisis Resolution, Stepped care model for pyschological therapies, Dual Diagnosis

Rehabilitation and other services

Rehabilitation and other services provided: Groupwork, Stalls at exhibitions/seminars

Criminal justice services: Yes

Criminal justice services options: Court reports

Needle exchange: No

We offer a range of client centred services to support individuals and family members affected by, or at risk of, substance misuse. We also offer groupwork through the evidence based Community Reinforcement and Family Training

Further information Community Reinforcement and Family Training (CRAFT) programme, and ACRA specifically for

adolescents, to encourage loved one into

treatment.