

## Community Addiction Recovery Service (CAReS) - East Kilbride

Service name: Community Addiction Recovery Service

(CAReS) - East Kilbride

Address: Hunter Community Health Centre

Town: Andrew Street
Town: East Kilbride
Postcode: G74 1AD
Telephone number: 01698 753956

Fax number: n/a Website: n/a

Health board area: Lanarkshire

Local authority area: South Lanarkshire

Alcohol and Drug Partnership (ADP) area: North and South Lanarkshire

Type of service: Statutory
Nature of service: Community Based

Referrals: Any Agency, Self Referral, GP, Health

Professional, Social Work, Court

Client access (please select all that apply): 16-18, 18+, 21+, Non-gender specific, Women

with children, Men with children

**Service Access** 

Service access:

Opening days and times:

Monday: 9.00am - 5.00pm Tuesday: 9.00am - 5.00pm Wednesday: 9.00am - 5.00pm Thursday: 9.00am - 5.00pm

Friday: 9.00am - 4.30pm

Saturday: Closed Sunday: Closed

By Appointment, Home Visits, Contact Address

Required

Substances treated/targeted:

Substances treated/targeted: Yes

Heroin, Dihydrocodeine or other

Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazpeines, MDMA/Ecstasy or other

Selected substances treated/targeted:

Benzodiazpeines, MDMA/Ecstasy or other
Empathogens, Ketamine, Methoxetamine or

other Dissociatives, LSD and other

Psychedelics, Solvents/volatile substances,

Prescription medication, Over the counter

medication

Advice and information: Yes Counselling: Yes

Counselling options:

One-to-One, Motivational Interview, Cognitive

Behavour Therapy

Detoxification as part of the service: Yes

Detoxification options:

Home Based Detox, Outpatient Detox, In-

Patient/In-House Detox, Detox By Referral

Mental health service

Mental health: does your service provide mental

health support and advice?

Yes

Mental health support options:

As part of the service, By referral to specialist

unit

Depression, Anxiety/Phobic disorder, Physical Mental health support option types:

Abuse, Sexual Abuse, Self Harming, Bipolar

Disorder, Psychosis, Personality disorder

Mental health interventions: Yes

Assessment tool to identify mental health

Mental health intervention options:

problems for drug users, Suicide risk

assessment/prevention, Brief Interventions, Crisis Resolution, Dual Diagnosis, Screening

**Prescribing service** 

Prescribing: Yes

Prescribing options:

As part of the service, By referral, Methadone,

Buprenorphine, Naltrexone

Rehabilitation and other services

Advocacy, Drug testing, Education and Training,

Rehabilitation and other services provided: Groupwork, Sexual Health, Talks/training, Stalls

at exhibitions/seminars

Needle exchange: No