

We Are With You - Families Plus Service

Service name: We Are With You - Families Plus Service

Address: McGregor House

10 Donaldson Crescent

Town: Kirkintilloch Postcode: G66 1XF Telephone number: 07760755735

Organisation email: christine.mccauley@wearewithyou.org.uk

Website: <u>www.wearewithyou.org.uk</u>

Health board area: Greater Glasgow And Clyde

Local authority area: East Dunbartonshire Alcohol and Drug Partnership (ADP) area: East Dunbartonshire

Type of service: Voluntary

If other has been selected, please specify:

Intensive Family Support Service, support to families impacted by parental substance misuse

Nature of service: Community Based

Referrals: Any Agency, Self Referral, GP, Health

Professional, Social Work

Client access (please select all that apply):

18+, Women with children, Couples with

children, Men with children

Service Access

Opening days and times:

Monday: 8.30am - 5.00pm Tuesday: 8.30am - 5.00pm Wednesday: 8.30am - 5.00pm Thursday: 8.30am - 5.00pm

Friday: 8.30am - 5.00pm Saturday: By arrangement Sunday: By arrangement

Service access:

By Appointment, Home Visits, Out of Hours

Service

Telephone helpline: 07760755735

Substances treated/targeted:

Selected substances treated/targeted:

Substances treated/targeted: Yes

Heroin, Dihydrocodeine or other

Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazpeines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or

other Dissociatives, LSD and other

Psychedelics, Solvents/volatile substances,

Prescription medication, Over the counter

medication, Alcohol

Advice and information: Yes Counselling: Yes

Counselling options: One-to-One, Motivational Interview

Family services

Family services: Yes

Family services options: Parent/child support

Mental health service

Mental health: does your service provide mental

health support and advice?

Yes

Mental health support options:

As part of the service, Joint working with

relevant agencies, By referral to specialist unit Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating

Disorders, Bipolar Disorder, Psychosis,

Personality disorder

Mental health interventions: Yes

Assessment tool to identify mental health Mental health intervention options:

Assessment tool to identify mental health problems for drug users, Suicide risk

assessment/prevention, Brief Interventions

Outreach service

Outreach: Yes

Outreach options: Outreach Clinics

Rehabilitation and other services

Mental health support option types:

Rehabilitation and other services provided:

Advocacy, Groupwork, Stalls at

exhibitions/seminars

Needle exchange:

Intensive support around parental substance misuse. Relapse prevention, harm reduction, parenting, anxiety management, mental health and emotional well-being, practical support. One to one in homes, office, community. Groupwork and family outings. We Are With You has a Trauma Counselling Service, which supports individuals affected by childhood trauma who have been using substances as coping strategies. Support includes one to one counselling face to face, online or by telephone as well as meditation groups and peer support groups. Referrals can be made by any agency

by contacting the Service Manager on

07760755735 or email

christine.mccauley@wearewithyou.org.uk. We Are With You also has an ARBD service for individuals diagnosed with alcohol related brain damage. They offer a weekly lunch club to tackle social isolation as well as home visits and practical support. Referrals can be made by social work or health. Contact details as above.

Further information