



## Hillcrest Futures Young People Service (Dundee)

Service name:	Hillcrest Futures Young People Service (Dundee)
Address:	South East Pavillion Baxter Park Arbroath Road Dundee DD4 7HD
Town:	Dundee
Postcode:	DD4 7HD
Telephone number:	01382 458128
Fax number:	01382 458728
Website:	<a href="http://www.hillcrest.org.uk/futures/get-support/young-peoples-services/">www.hillcrest.org.uk/futures/get-support/young-peoples-services/</a>
Health board area:	Tayside
Local authority area:	Dundee City
Alcohol and Drug Partnership (ADP) area:	Dundee City
Type of service:	Voluntary
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work, Court, Other (please specify below)
If other has been selected, please specify:	Education, Parents, Carers, any concerned other.
Client access (please select all that apply):	Under 16s, 16-18, Non-gender specific

### Service Access

Opening days and times:	Monday: 9.00am - 5.00pm Tuesday: 9.00am - 5.00pm Wednesday: 9.00am - 5.00pm Thursday: 9.00am - 5.00pm Friday: 9.00am - 5.00pm Saturday: Closed Sunday: Closed
Service access:	No Appointment Required, Home Visits
Out of hours service details:	5.00pm - 10.00pm (7 days) to be negotiated with individual workers.

### Substances treated/targeted:

Substances treated/targeted:	Yes
Selected substances treated/targeted:	Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other

Advice and information:  
Counselling:

Counselling options:

If other has been selected, please specify:

### **Family services**

Family services:  
Family services options:

### **Rehabilitation and other services**

Rehabilitation and other services provided:

Needle exchange:

### **Further information**

Benzodiazepines, MDMA/Ecstasy or other  
Empathogens, Ketamine, Methoxetamine or  
other Dissociatives, LSD and other  
Psychedelics, Solvents/volatile substances,  
Prescription medication, Over the counter  
medication

Yes

Yes

One-to-One, Motivational Interview, Cognitive  
Behaviour Therapy, Other (please specify  
below)

Solution Focussed

Yes

Parent/child support

Advocacy, Drop-in sessions, Education and  
Training, Education and training (by referral),  
Groupwork, Sexual Health, Talks/training, Stalls  
at exhibitions/seminars

No

Hillcrest Futures Young People Service  
(Dundee) supports young people (12-17 years  
only) to make positive lifestyle choices in order  
to reduce their drug/alcohol misuse and/or  
associated risks. What we offer: An  
assessment, treatment and intervention service  
for young people 12-17 years living in Dundee,  
where concern has been identified with regard  
to their drug/alcohol use. Personalised support  
packages, 'Plan for Change', designed to meet  
individual needs and goals. Works in  
conjunction with Tayside Health Board.  
Provision of reports to Children's hearings,  
Court, Case conferences, LAAC reviews etc.