



## LEAP (Lothian & Edinburgh Abstinence Programme)

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| Service name:                                 | LEAP (Lothian & Edinburgh Abstinence Programme)  |
| Address:                                      | Astley Ainslie Hospital<br>74 Canaan Lane        |
| Town:   | Edinburgh  |
| Postcode:                                     | EH9 2TB  |
| Telephone number:                             | 0131 446 4400                                    |
| Health board area:                            | Lothian  |
| Local authority area:                         | Edinburgh City                                   |
| Alcohol and Drug Partnership (ADP) area:      | Edinburgh City                                   |
| Type of service:                              | Statutory  |
| Nature of service:                            | Residential/In-Patient                           |
| Referrals:                                    | Any Agency, GP, Health Professional, Social Work |
| Client access (please select all that apply): | 18+, Non-gender specific                         |

### Service Access

|                         |   |
|-------------------------|---|
| Opening days and times: | Monday: 9.00am - 5.00pm<br>Tuesday: 9.00am - 5.00pm<br>Wednesday: 9.00am - 5.00pm<br>Thursday: 9.00am - 5.00pm<br>Friday: 9.00am - 5.00pm<br>Saturday: 9.00am - 5.00pm<br>Sunday: 9.00am - 5.00pm |
| Service access:         | By Appointment, Contact Address Required  |

### Substances treated/targeted:

|                                       |  |
|---------------------------------------|--|
| Substances treated/targeted:          | Yes<br>Heroin, Dihydrocodeine or other<br>Opiates/Opioids, Cocaine, Amphetamine or<br>other Stimulants, Cannabis or Synthetic<br>Cannabinoids, Diazepam (Valium) or other<br>Benzodiazepines, MDMA/Ecstasy or other<br>Empathogens, Ketamine, Methoxetamine or<br>other Dissociatives, LSD and other<br>Psychedelics, Solvents/volatile substances,<br>Prescription medication, Over the counter<br>medication |
| Selected substances treated/targeted: |  |
| Advice and information:               | Yes  |
| Counselling:                          | Yes  |

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| Counselling options:   | One-to-One, Motivational Interview, Cognitive Behaviour Therapy   |
| Detoxification as part of the service:                                     | Yes   |
| Detoxification options:  | Home Based Detox, In-Patient/In-House Detox, Other (please specify below)   |
| <b>Family services</b>   |   |
| Family services:   | Yes   |
| Family services options:   | Carer support groups, Other (please specify below)  |
| If other has been selected, please specify:                                | Family Therapy  |
| <b>Mental health service</b>   |   |
| Mental health: does your service provide mental health support and advice? | Yes   |
| Mental health support options:   | As part of the service<br>Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating Disorders, Bipolar Disorder, Psychosis, Personality disorder  |
| Mental health support option types:  |   |
| Mental health interventions:   | Yes<br>Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Dual Diagnosis, Prescribing psychotropic medication   |
| Mental health intervention options:  |   |
| <b>Prescribing service</b>   |   |
| Prescribing:   | Yes   |
| Prescribing options:   | As part of the service, By referral, Methadone, Buprenorphine, Benzodiazepine   |
| <b>Rehabilitation and other services</b>                                   |   |
| Rehabilitation and other services provided:                                | Access to supported accommodation, Alternate therapies e.g. acudetox, Drug testing, Education and Training, Engage Volunteers, Engage peer volunteers, Groupwork, Structured day programme, Talks/training  |
| Criminal justice services:   | Yes   |
| Criminal justice services options:   | Condition of a deferred sentence, Condition of a probation order, Condition of a DTTO   |
| Residential support:   | Yes   |
| Residential support options:   | Residential rehabilitation, In-patient/In-house detox   |
| Needle exchange:   | No  |
| <b>Further information</b>   |   |
|  | The service covers all four Lothian Drug & Alcohol Action Teams and Local Authority areas. This service is a quasi residential rehab programme where clients attend during the day and are housed in separate accommodation in the evenings. The service is funded by the Scottish Executive and managed by NHS Lothian, it is a partnership approach with the City of Edinburgh Council. |