



LEAP (Lothian & Edinburgh Abstinence Programme)

Service name:	LEAP (Lothian & Edinburgh Abstinence Programme)
Address:	Astley Ainslie Hospital 74 Canaan Lane
Town:	Edinburgh
Postcode:	EH9 2TB
Telephone number:	0131 446 4400
Health board area:	Lothian
Local authority area:	Edinburgh City
Alcohol and Drug Partnership (ADP) area:	Edinburgh City
Type of service:	Statutory
Nature of service:	Residential/In-Patient
Referrals:	Any Agency, GP, Health Professional, Social Work
Client access (please select all that apply):	18+, Non-gender specific

Service Access

Opening days and times:	Monday: 9.00am - 5.00pm Tuesday: 9.00am - 5.00pm Wednesday: 9.00am - 5.00pm Thursday: 9.00am - 5.00pm Friday: 9.00am - 5.00pm Saturday: 9.00am - 5.00pm Sunday: 9.00am - 5.00pm
Service access:	By Appointment, Contact Address Required

Substances treated/targeted:

Substances treated/targeted:	Yes Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication
Selected substances treated/targeted:	
Advice and information:	Yes
Counselling:	Yes

Counselling options: One-to-One, Motivational Interview, Cognitive Behaviour Therapy
Detoxification as part of the service: Yes
Detoxification options: Home Based Detox, In-Patient/In-House Detox, Other (please specify below)

Family services

Family services: Yes
Family services options: Carer support groups, Other (please specify below)
If other has been selected, please specify: Family Therapy

Mental health service

Mental health: does your service provide mental health support and advice? Yes
Mental health support options: As part of the service
Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating Disorders, Bipolar Disorder, Psychosis, Personality disorder
Mental health support option types:
Mental health interventions: Yes
Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Dual Diagnosis, Prescribing psychotropic medication
Mental health intervention options:

Prescribing service

Prescribing: Yes
Prescribing options: As part of the service, By referral, Methadone, Buprenorphine, Benzodiazepine

Rehabilitation and other services

Rehabilitation and other services provided: Access to supported accommodation, Alternate therapies e.g. acudetox, Drug testing, Education and Training, Engage Volunteers, Engage peer volunteers, Groupwork, Structured day programme, Talks/training
Criminal justice services: Yes
Criminal justice services options: Condition of a deferred sentence, Condition of a probation order, Condition of a DTTO
Residential support: Yes
Residential support options: Residential rehabilitation, In-patient/In-house detox
Needle exchange: No

The service covers all four Lothian Drug & Alcohol Action Teams and Local Authority areas. This service is a quasi residential rehab programme where clients attend during the day and are housed in separate accommodation in the evenings. The service is funded by the Scottish Executive and managed by NHS Lothian, it is a partnership approach with the City of Edinburgh Council.

Further information