



## Substance Misuse Recovery Service (Shetland)

Service name:	Substance Misuse Recovery Service (Shetland)
Address:	Mental Health Department Lerwick Health Centre South Road
Town:	Lerwick
Postcode:	ZE1 0RB
Telephone number:	01595 743006
Fax number:	01595 696559
Website:	<a href="http://www.shb.nhs.uk/community/mentalhealth.asp">www.shb.nhs.uk/community/mentalhealth.asp</a>
Health board area:	Shetland
Local authority area:	Shetland
Alcohol and Drug Partnership (ADP) area:	Shetland
Type of service:	Statutory
Nature of service:	Community Based
Referrals:	GP, Health Professional
Client access (please select all that apply):	18+, 21+, Non-gender specific

### Service Access

Opening days and times:	Monday: 9.00am - 5.00pm Tuesday: 9.00am - 5.00pm Wednesday: 9.00am - 5.00pm Thursday: 9.00am - 5.00pm Friday: 9.00am - 5.00pm Saturday: Closed Sunday: Closed
Service access:	By Appointment, No Appointment Required, Contact Address Required

### Substances treated/targeted:

Substances treated/targeted:	Yes Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication, Alcohol
Selected substances treated/targeted:	
Advice and information:	Yes
Counselling:	Yes

Counselling options:	One-to-One, Motivational Interview, Cognitive Behaviour Therapy
Detoxification as part of the service:	Yes
Detoxification options:	Home Based Detox, Outpatient Detox
<b>Family services</b>	
Family services:	Yes
Family services options:	Carer support groups
<b>Mental health service</b>	
Mental health: does your service provide mental health support and advice?	Yes
Mental health support options:	As part of the service Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating Disorders, Bipolar Disorder, Psychosis, Personality disorder, Other (please specify below)
Mental health support option types:	
Mental health interventions:	Yes Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions, Crisis Resolution, Stepped care model for psychological therapies, Dual Diagnosis, Prescribing psychotropic medication
Mental health intervention options:	
<b>Prescribing service</b>	
Prescribing:	Yes
Prescribing options:	As part of the service, By referral, Methadone, Buprenorphine, Naltrexone, Naloxone, DF118s, Benzodiazepine, Other (please specify below)
<b>Rehabilitation and other services</b>	
Rehabilitation and other services provided:	Drug testing, Education and training (by referral), Groupwork
Criminal justice services:	Yes
Criminal justice services options:	Expert witness (for own clients), Prison aftercare, Condition of a DTTO
Needle exchange:	No