



Integrated Drug Alcohol Recovery Team

Service name:	Integrated Drug Alcohol Recovery Team
Address:	Birnam
Town:	Murray Royal Hospital
Postcode:	Perth
Telephone number:	PH2 7BH
Fax number:	01738 564261
Health board area:	N/A
Local authority area:	Tayside
Alcohol and Drug Partnership (ADP) area:	Perth and Kinross
Type of service:	Perth and Kinross
Nature of service:	Statutory
Referrals:	Community Based
Client access (please select all that apply):	Any Agency, Self Referral, GP, Health Professional, Social Work, Court 16-18, 18+, Non-gender specific, Couples, Women with children, Couples with children, Men with children
Service Access	
Opening days and times:	Monday: 9.00am - 5.00pm (closed 12.30 to 1330 for lunch) Tuesday: 9.00am - 5.00pm (closed 12.30 to 1330 for lunch) Wednesday: 9.00am - 5.00pm (closed 12.30 to 1330 for lunch) Thursday: 9.00am - 5.00pm (closed 12.30 to 1330 for lunch) Friday: 9.00am - 5.00pm (closed 12.30 to 1330 for lunch) Saturday: Closed Sunday: Closed
Service access:	No Appointment Required, Home Visits, Contact Address Required, Out of Hours Service
Out of hours service details:	* appointments available out with these core hours made by your Key Worker.
Substances treated/targeted:	
Substances treated/targeted:	Yes
Selected substances treated/targeted:	Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other

	Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication
Advice and information:	Yes
Counselling:	Yes
Counselling options:	One-to-One, Motivational Interview, Cognitive Behaviour Therapy

Family services

Family services:	Yes
Family services options:	Parent/child support, Childcare provision provided, Childcare provision referral, Carer support groups, Respite for carers - as part of the service, Respite for carers - by referral

Mental health service

Mental health: does your service provide mental health support and advice?	Yes
Mental health support options:	As part of the service, Joint working with relevant agencies, By referral to specialist unit
Mental health support option types:	Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Bipolar Disorder, Psychosis, Personality disorder
Mental health interventions:	Yes
Mental health intervention options:	Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions, Crisis Resolution, Stepped care model for psychological therapies, Dual Diagnosis

Outreach service

Outreach:	Yes
Outreach options:	Outreach Clinics

Rehabilitation and other services

Rehabilitation and other services provided:	Access to supported accommodation, Advocacy, Aftercare, Alternate therapies e.g. acudetox, Education and training (by referral), Engage Volunteers, Talks/training, Stalls at exhibitions/seminars
Needle exchange:	No