



## Clued Up Project

Service name:	Clued Up Project
Address:	The Bunker
Town:	441 High Street
Postcode:	Kirkcaldy
Telephone number:	KY1 2SN
Website:	01592 858248
Health board area:	<a href="http://www.cluedup-project.org.uk">www.cluedup-project.org.uk</a>
Local authority area:	Fife
Alcohol and Drug Partnership (ADP) area:	Fife
Type of service:	Fife
Nature of service:	Voluntary
Referrals:	Community Based
Client access (please select all that apply):	Any Agency
	Under 16s, 16-18, 18+, Non-gender specific,
	Couples, Women with children, Couples with
	children, Men with children
<b>Service Access</b>	
Opening days and times:	Monday: 9.00am - 5.00pm
	Tuesday: 9.00am - 5.00pm
	Wednesday: 9.00am - 5.00pm
	Thursday: 9.00am - 5.00pm
	Friday: 9.00am - 5.00pm
	Saturday: Closed
	Sunday: Closed
Service access:	By Appointment, No Appointment Required,
	Home Visits
Out of hours service details:	Appointments for all services can be arranged
	outwith normal office hours at a time and place
	to suit young people. Our Kirkcaldy drop-in at
	441 High Street is open Monday, Wednesday,
	Friday 12.00noon to 4.00pm. Leven drop-in at
	the Greig Institute Annexe is open Tuesday and
	Thursday 12.00 noon to 4.00pm.
<b>Substances treated/targeted:</b>	
Substances treated/targeted:	Yes
	Heroin, Dihydrocodeine or other
	Opiates/Opioids, Cocaine, Amphetamine or
	other Stimulants, Cannabis or Synthetic
Selected substances treated/targeted:	Cannabinoids, Diazepam (Valium) or other
	Benzodiazepines, MDMA/Ecstasy or other

Advice and information:

Counselling:

Counselling options:

If other has been selected, please specify:

Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication, Alcohol

Yes

Yes

Other (please specify below)

Informal one to one support using motivational interviewing and solution-focused techniques. Alcohol Brief Interventions are offered out on the streets through MAIT (Mobile Alcohol Intervention Team), which is a partnership between Clued Up, Police Scotland, NHS Fife and Fife Council's Community Learning and Development.

### **Mental health service**

Mental health: does your service provide mental health support and advice?

Yes

Mental health support options:

As part of the service, By referral to specialist unit

Mental health support option types:

Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Eating Disorders, Bipolar Disorder, Psychosis, Personality disorder

Mental health interventions:

Yes

Mental health intervention options:

Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions, Crisis Resolution

### **Outreach service**

Outreach:

Yes

Outreach options:

Streetwork

### **Rehabilitation and other services**

Rehabilitation and other services provided:

Access to supported accomodation, Advocacy, Drop-in sessions, Education and Training, Engage Volunteers, Engage peer volunteers, Groupwork, Sexual Health, Structured day programme, Talks/training, Stalls at exhibitions/seminars

Needle exchange:

No

Clued Up runs the Fife Young People's Outreach Service for 12 - 26 year-olds. This service is Fife-wide offering support and information to young people who are affected by their own or someone else's drug/alcohol use. This service provides: informal one to one support at a time that suits the young person and in a place where they will feel safe and comfortable. We will work with young people to find out how drugs/alcohol are affecting their

### **Further information**

lives and assist them to produce an action plan to meet their individual needs. As well as helping them to contact other services that may also be able to provide appropriate support, we provide youth friendly, up-to-date information on drugs/alcohol and general health. Where suitable, participation in group work activities is also available as part of this service. The Mobile Alcohol Intervention Team (MAIT), a partnership between Clued Up, NHS Fife and Police Scotland, runs on alternate Friday evenings out on the streets in the region delivering alcohol brief interventions to young people under 16 who are under the influence or in possession of alcohol. Young people are offered a follow-up session then, if required more in-depth one to one support. Fife-wide Employability Service - run by Clued Up which aims to support young people to achieve their employability potential. We support young people aged 16-25 years affected by substance use to find their own path into education, employment or training Clued Up is one of the 8 third sector providers that make up the Fife ETC (Fife's Third Sector Employability and Training Consortium)