



Perth & Kinross IDART – Integrated Drug Alcohol Recovery Team

Service name:	Perth & Kinross IDART – Integrated Drug Alcohol Recovery Team
Address:	Drumhar Health Centre
Town:	Drumhar Court
Postcode:	Perth
Telephone number:	PH1 5PD
Fax number:	01738 564261
Health board area:	N/A
Local authority area:	Tayside
Alcohol and Drug Partnership (ADP) area:	Perth and Kinross
Type of service:	Perth and Kinross
Nature of service:	Statutory
Referrals:	Community Based
	Any Agency, Self Referral, GP, Health Professional, Social Work, Court
Client access (please select all that apply):	16-18, 18+, Non-gender specific, Couples, Women with children, Couples with children, Men with children

Service Access

Opening days and times:	Monday: 8.45am - 5.00pm
	Tuesday: 8.45am - 5.00pm
	Wednesday: 8.45am - 5.00pm
	Thursday: 8.45am - 5.00pm
	Friday: 8.45am - 5.00pm
	Saturday: Closed
	Sunday: Closed
Service access:	No Appointment Required, Home Visits, Contact Address Required
Out of hours service details:	Social Work Out of Hours
Telephone helpline:	01738 444433

Substances treated/targeted:

Substances treated/targeted:	Yes
	Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or
Selected substances treated/targeted:	

Advice and information:	other Dissociatives, LSD and other
Counselling:	Psychedelics, Solvents/volatile substances,
Counselling options:	Prescription medication, Over the counter medication
	Yes
	Yes
	One-to-One, Motivational Interview, Cognitive Behaviour Therapy

Family services

Family services:	Yes
Family services options:	Parent/child support, Childcare provision provided, Childcare provision referral, Carer support groups, Respite for carers - as part of the service, Respite for carers - by referral

Mental health service

Mental health: does your service provide mental health support and advice?	Yes
Mental health support options:	As part of the service, Joint working with relevant agencies, By referral to specialist unit
Mental health support option types:	Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Bipolar Disorder, Psychosis, Personality disorder
Mental health interventions:	Yes
Mental health intervention options:	Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions, Crisis Resolution, Stepped care model for psychological therapies, Dual Diagnosis

Outreach service

Outreach:	Yes
Outreach options:	Outreach Clinics

Rehabilitation and other services

Rehabilitation and other services provided:	Access to supported accomodation, Advocacy, Aftercare, Alternate therapies e.g. acudetox, Education and training (by referral), Engage Volunteers, Talks/training, Stalls at exhibitions/seminars
Needle exchange:	No